

FEED ALL FOUR

it's our way of being.

Based on Maslow's Hierarchy of Needs and the First Nations Medicine Wheel, Feed All Four connects physical, mental, and social/emotional health and wellness to teaching and learning.

Supporting the body, mind, spirit, and emotions of an individual increases a sense of well-being, connectedness and resilience, and improves student achievement.

For more information, please visit

feedallfour.ca

